

How to Verify Your Insurance Benefits



The Endurance Dietitian | The Keys to Nutrition

Instructions: Please use this form to guide you when calling your insurance company. The number to call is on the back of your insurance card under customer service or member services. Please record the answers and upload this form to your client portal so our team can review it. Please do not schedule an appointment until you have verified your benefits.

The representative will need the information below from you to see if we are in network:

Provider:	Courtney Smith, RD
Type 1 (Individual) NPI:	1275167710
Type 2 (Group) NPI:	1083213391
Tax ID / EIN:	46-3254919

Date and time of call:	-----
Representative's first & last name:	-----
Reference number for this call:	-----
Member ID:	-----

1. Procedure / CPT Codes

Is code 97802 covered?	Yes	No
Is code 97803 covered?	Yes	No
Are codes 99401-99404 covered?	Yes	No
Is code S-9470 covered?	Yes	No

2. Diagnosis Codes

Ask about diagnosis code Z71.3. Is it covered?	Yes	No
If not, ask about code Z72.4. Covered?	Yes	No
How many visits do I get per calendar year?	-----	
Is there a cost-share (deductible, co-pay, or co-insurance) for these visits?	Yes	No

3. Medical Nutrition Benefits (if applicable)

Ask about medical benefits for overweight, obesity, diabetes, cardiovascular risk factors, or family history.	Yes	No
How many medical visits do I get per calendar year?	-----	
Is there a cost-share (deductible, co-pay, or co-insurance) for medical visits?	Yes	No

4. Referrals, Authorization & Visit Limits

Do I need a referral from my doctor?	Yes	No
Do I need prior authorization for nutrition visits?	Yes	No
Is there a time limit or number of units allowed per visit?	-----	

5. Telehealth

Is telehealth covered the same as an in-person visit?	Yes	No
---	-----	----

Notes

Still have questions? Email hello@theendurancedietitian.com